



Bicep Curl

Nautilus Leverage Bicep Curl: Complete Arm Development. Every Grip. Every Rep. The Nautilus Leverage Bicep Curl targets the biceps brachii through EZ Curl-style positioning that eliminates momentum and isolates both heads, while hammer curl grip options extend development to the brachialis and brachioradialis for the arm thickness and forearm strength members can see and feel. Guided movement, natural strength curve, results across every user on your floor.



PRODUCT DIMENSIONS	
Width	62 in (157 cm)
Length	61 in (155 cm)
Height	42 in (107cm)
Overall weight	476 lb (216 kg)
ADJUSTMENTS & MOVEMENTS	
User defined range of motion	Fixed path
Assisted adjustments	Gas assist shock, wrap around handles on all seat height adjustments.
Color coded pivot points and adjustments	Yes
FRAME SPECIFICATIONS & CABLE INFORMATION	
Standard frame color options	Matte Black (-60)
Standard upholstery color options	Black
Frame finish	Electrostatic Powder coating
Customizable paint options available	Yes with additional fees and extended lead times
Customizable upholstery options available	Yes with additional fees and extended lead times
Bolt down locations defined	Yes
Integrated leveling system	No, rubber feet for floor protection
Hardware type	Hex / Button Head
Tubbing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
Static placards	Start finish diagram with stating weight included
Multi-language placards options available	Yes
Animated lenticular	No
Safety catch & stops	Yes, where applicable
Water Bottle Holder	No
Phone holder	No
Grip specifications	Stainless steel knurled grip with red accent
Foot platform	Oversized angled foot platform to accommodate users of all sizes
Contoured pads	Yes
WEIGHT STACK SPECIFICATIONS	
Plate loaded	Yes, Max capacity 270 lbs per arm, 540 lb total. Starting resistance 15 lbs per arm.
Weight storage solution	Integrated Olympic plate storage
SKUS	

9NP3-L5005