

High Row

The Nautilus Leverage High Row targets the upper and mid-back muscles with a diverging pull motion that mimics natural movement. Its independent arm design and adjustable chest pad ensure a personalized and biomechanically sound experience. Perfect for facilities aiming to deliver targeted strength development with high visual and functional impact, the High Row offers the unmatched feel of free weights in a plate-loaded format.



FEATURES	
Length	86 in (218 cm)
Width	51 in (130 cm)
Height	73 in (185 cm)
Product Weight	443 lb (201 kg)
ADJUSTMENTS & MOVEMENTS	
User defined range of motion	Fixed path
Assisted adjustments	Gas assist shock, wrap around handles on all seat height adjustments.
Color coded pivot points and adjustments	Yes on all units
Unilateral or bilateral movement	Unilateral and bilateral use
Converging or diverging movements	Converging and Diverging motion with user pre-stretch adjustment for optimal start position dependent on SKU
FRAME SPECIFICATIONS & CABLE INFORMATION	
Standard frame color options	Matte Black (-60)
Standard upholstery color options	Black
Frame finish	Electrostatic Powder coating
Customizable paint options available	Yes with additional fees and extended lead times
Customizable upholstery options available	Yes with additional fees and extended lead times
Customizable branding options available	No
Cable vs. belt driven transmission	Belt & Lever Drive
Bolt down locations defined	Yes
Integrated leveling system	No, rubber feet for floor protection
Hardware type	Hex / Button Head
Tubing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
Static placards	Start finish diagram with stating weight included
Multi-language placards options available	Yes
Safety catch & stops	Yes, where applicable
Grip specifications	Stainless steel knurled grip with red accent
Foot platform	Oversized rubber non slip foot platform
Contoured pads	Yes, contoured back pads on select machines with lumbar support
WEIGHT STACK SPECIFICATIONS	
Plate loaded	Yes, Max capacity 270 lbs per arm, 540 lb total. Starting resistance 15 lbs per arm.
Weight storage solution	4 weight horns to accommodate easy access
SKUS	
9NP3-L3005	