

## Chest Press

The Nautilus Inspiration Chest Press delivers a comprehensive pectoral workout with a converging axis and high pivot point that effectively engages the full chest, including the inner and upper pecs. Its converging and diverging motion provides a full range of movement with a strong, satisfying squeeze on each rep. Designed for optimal performance, it delivers smooth, consistent resistance throughout the exercise. With premium touchpoints and refined biomechanics, the Nautilus Chest Press is an effective way to build a stronger, fuller chest.



PRODUCT DIMENSIONS	
Width	59 in (150 cm)
Length	43 in (109 cm)
Height	76 in (193 cm)
Overall Weight	664 lb (301 kg)
ADJUSTMENTS & MOVEMENTS	
User defined range of motion	Fixed path of motion with standard right and left pre-stretch positioning
Assisted adjustments	Wrap-around gas assist seat adjust and gravity assisted pre-stretch positioning
Unilateral or bilateral movement	Unilateral and Bilateral dependent can be performed (one or two press movements)
Converging or diverging movements	Converging axis with over head pivot points
Color coded pivot points and adjustments	Yes
Pulley ratio	1:1
FRAME SPECIFICATIONS & CABLE INFORMATION	
Frame & upholstery color	Black
Frame finish	Electrostatic Powder coating
Customizable paint, upholstery, and branding options	Yes, with additional fees and extended lead times
Cable vs. belt driven transmission	Cable
Bolt down locations defined	Yes
Integrated leveling system	Yes
Hardware type	Hex / Button Head
Tubbing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
USER SPECIFIC INFORMATION	
Static placards	Yes, simple and intuitive placard
Multi-language placards options available	Large and graphical, limited text to eliminate translation requirements
Safety catch & stops	Yes, end range of motion safety stop
Water bottle holders	Yes, integrated to weight stack tower, eye level
Phone holder	Yes, adjustable in size and position
Grip specifications	Rubber, large grips for pushing, smaller grips for pulling
Contoured pads	Yes, contoured pads with lumbar support
WEIGHT STACK SPECIFICATIONS	
Total stack weight	240 lb (109 kg)
Incremental weight system	10 lb increment, 5 lb add on
Weight stack tower height	64in (163 cm)
Lock N Load® Technology	Our Patented Lock N Load weight stack system uses intuitive, color-coded switches to safely engage weights with a simple flick—no pins to lose, no maintenance required
Weight stack shroud specifications	Uniform size, standard steel / customized aluminum materials
SKUS	
IPVP5	