

Glute Ham

This Glute Ham Developer supports full posterior chain development with a long base for stability and an adjustable pivot system for user comfort. The split top pad improves movement control, while rubber feet and heavy-duty construction make it a reliable fixture in any facility.



PRODUCT DIMENSIONS

| | |
|-----------------|-----------------|
| Width | 43 in (110 cm) |
| Length | 72 in (182 cm) |
| Height | 48 in (122 cm) |
| Product Weight | 188 lb (85 kg) |
| Shipping weight | 223 lb (101 kg) |

FEATURES, ADJUSTMENTS & MOVEMENTS

| | |
|--|------------------------------|
| Assisted adjustments | Gravity assisted positioning |
| Color coded pivot points and adjustments | Yes on all units |

FRAME SPECIFICATIONS & CABLE INFORMATION

| | |
|---|--|
| Standard frame color options | 60 Black |
| Standard upholstery color options | Black |
| Frame finish | Electrostatic Powder coating |
| Customizable paint options available | Yes with additional fees and extended lead times |
| Customizable upholstery options available | Yes with additional fees and extended lead times |
| Customizable branding options available | No |
| Bolt down locations defined | Yes, Sku dependent |
| Integrated leveling system | No, rubber feet for floor protection |
| Hardware type | Hex / Button Head |
| Tubbing style & thickness | Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga |

USER SPECIFIC INFORMATION

| | |
|----------------------|---|
| Animated lenticulars | No |
| Safety catch & stops | Yes, Sku dependent |
| Grip specifications | Integrated Grip and wheels |
| Contoured pads | Yes, contoured back pads on select machines with lumbar support |
| Restraint system | No |

SKUS

9NP-B7522