

## Jacobs Ladder X

The Jacobs Ladder X ladder climbing exercise machine is designed specifically for training fitness enthusiasts, athletes, and professionals. J LX marks the first major redesign to Jacobs Ladder in over 20 years, and offers four different climbing positions to train different muscle groups at different intensity levels. The J LX also features a redesigned display and dashboard, providing more feedback and information on workout intensity levels based on speed.



FEATURES	
<b>Length</b>	80in (203cm)
<b>Width</b>	30.5in (77.5cm) (37.25in (95cm) With Removable Cupholders Attached)
<b>Height</b>	69.5in (177cm)
<b>Recommended Ceiling Height</b>	8.5ft (259cm)
<b>Materials</b>	Frame: Welded Tubular Steel Rungs: 2" Wooden rungs with UV cured acrylic coating Case: ABS Plastic
<b>Climbing Positions</b>	4
<b>Climbing Angle</b>	40°
<b>Digital Readout</b>	Elapsed Time, Calorie Burn, Rate (ft/min), Total Feet Climbed, Intensity Level
<b>Accessories</b>	Jacobs Ladder Waist Belt
<b>Max user weight</b>	275lbs (125kg)
<b>Power</b>	Self-Powered
<b>Additional Items</b>	AC Power Adapter (for recharging only)
<b>Product Weight</b>	344 lbs (156 kg)
SHIPPING	
<b>Shipping Dimensions</b>	81.5 x 30 x 79 in (207 x 76 x 201 cm)
<b>Shipping Weight (Boxed)</b>	432 lbs (196 kg)
SKUS	
9-5350-BINTP0	