



Glideboxx

The GlideBoxx turns your punching bag into an active opponent by allowing the bag to react to your strikes and coming back at you, forcing you to train footwork and angles in a realistic way. Great for Boxing, Muay Thai, MMA, and Kickboxing.



GLIDEBOXX 9-TD-GBX3-XX

WIDTH	74 IN (188 CM)
DEPTH	56 IN (142 CM)
HEIGHT	14 IN (37 CM)
FRAME CONSTRUCTION	HEAVY-GAUGE WELDED STEEL
COLOR SCHEME	MATTE BLACK
FINISH	ELECTROSTATIC POWDER COATING FOR LONG LASTING DURABILITY
MACHINE WEIGHT	153 LBS (69 KG)